

Jane Henney, M. D.
Commissioner
Food & Drug Administration
5600 Fishers Lane, Room 1471
Rockville, MD 20857

SEP 1 1 57 PM '99

Dear Commissioner Henney,

I am often shocked at the liberty taken by our elected and appointed officials, often in complete contradiction of our constitution. In the past public masses have quietly worked around the usurpation of their basic freedom, finding their individual way to take care of their own health in a manner as intelligent as they were able to muster. A few even blindly follow what government outlines to "be in the public's best interest" when often the interest served was not theirs at all.

I, personally, took charge of my own health three years ago when my husband was murdered by chemotherapy poisoning. After losing my parents, my son, my sister and my husband to dangerous drugs and ignorance of the benefits of supplements and natural healing I began to treat my cardiovascular disease with vitamin E, CoQ10, basic multi-vitamins and lots of exercise which my medical doctor had forbidden. Today I am very happy to have regained my health and I will continue to treat myself in the future because I, and only I, know what is best for me.

I urge you to get your house in order by approving the basic freedom of health information claims for vitamin B6, B12, folic acid, saw palmetto extract, psyllium seed husks and vitamin E as submitted to you by Senators Harkin and Hatch. I also urge you to stay open and educated to future claims for supplements. The responsibility of the FDA is to protect us from **dangerous** food and drugs. Supplements are not dangerous unless we are prevented from knowing the time proven dosage. The FDA's former acts of censorship have caused countless instances of pain and death. With approval of manufacturer labeling you will return some of FDA's credibility and reverse unwarranted censorship of vital information regarding health supplements.

Sincerely



Lois Eckroat
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99P-3029

C176

CROSS FILE SHEET

File Number 99P-3029/c174

See File Number 99P-3030/c175

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Food & DRUG Administration
Attn: Jane Henney, M.D. Commissioner
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